






Multiply Premier activity and points guide

Multiply rewards you for every action you take to be healthier, safer and more on top of your finances.




The more points you earn, the higher your status and the better your rewards. Multiply your money in 2019 with this go-to guide to earn points – and move up in status.

	Bronze	Silver	Gold	Platinum	Private Club
SINGLE	0	250	500	650	750
FAMILY	0	500	1 000	1 300	1 500

and a Multiply Premier member for two years

-  Be healthier
-  Be safer
-  Be on top of your finances
-  Have cover
-  Unlock more

Multiply your money and get more.

-  Visit multiply.co.za
-  Speak to your financial adviser
-  Contact the call centre on 0861 886 600



Be healthier

Max points SINGLE **200** FAMILY **400**

Activity	What to do	When	Points	Single points limit	Family points limit
Complete your health and activity questionnaire	Visit multiply.co.za and complete the questionnaire.	Once a year	20	20	40
Go for your health assessment to know your Healthy Heart Score	Go for your free health assessment .	Once a year	30	100	200
Get more points for an amber Healthy Heart Score	Get an amber Healthy Heart Score and get rewarded with more points.	Once a year	30		
Get more points for a green Healthy Heart Score	Get a green Healthy Heart Score and get rewarded with even more points.	Once a year	70		
Have an active day	Choose one of these activities to get an active day: <ul style="list-style-type: none"> Get active at any of our gym partners Track your activity with any of our supported devices Participate in the Parkrun through FitVault Log an event through EntryTime 	Once a day	1	80	160
OR					
Go for a fitness assessment (valid for six months)	Book your fitness assessment with a BASA (Biokinetics Association of South Africa) accredited expert for only R220 on basa.recomed.co.za .	Every six months	Your points are awarded upfront per fitness assessment: <ul style="list-style-type: none"> Level 5 40 Level 4 30 Level 3 20 Level 2 10 Level 1 5 		
OR					
Complete and log an elite event	Participate in and complete a high-endurance elite event and log it on Entrytime to get more points in addition to your 1 active day point.	For every elite event completed	10 or 20		

depending on the elite event



Be safer

Max points SINGLE **150** FAMILY **300**

Activity	What to do	When	Points	Single points limit	Family points limit
Complete your safety questionnaire to know your Safety Score	Visit multiply.co.za and complete the questionnaire.	Once a year	20	20	40
Get points for your Safety Score result	<p>You will get a Safety Score once you have completed the safety questionnaire.</p> <p>You can improve your Safety Score by implementing the safety recommendations or submitting validations.</p>	Once a year	<p>Points are awarded for your Safety Score:</p> <p>Above 80% 50</p> <p>71% to 80% 40</p> <p>55% to 70% 30</p> <p>Below 55% 0</p>	50	100
Have a travelling safe day	Download the Momentum app, activate Safe Dayz™ and stay safer when you travel.	Once a day	1	80	160
OR					
Have a non-travelling safe day	Download the Momentum app, activate Safe Dayz™ and stay safer when you stay at home.	Once a day	1		
OR					
Check the safety of your car at Tiger Wheel & Tyre	Visit Tiger Wheel & Tyre and get your MultiPoint Vehicle Safety Check for just R99.	Once a year	40		





Be on top of your finances

Max points SINGLE **200** FAMILY **400**

Activity	What to do	When	Points	Single points limit	Family points limit
Complete the financial wellness questionnaire	Visit multiply.co.za and complete the questionnaire.	Once a year	20	20	40
Go for a yearly review with a financial adviser	Speak to your Momentum Financial Planner or Independent Financial Adviser. He/she must submit a declaration of advice to us.	Once a year	100	100	200
Choose cashbacks on the Multiply online shop	Grow your savings (and points!) by choosing cashbacks instead of discounts on the Multiply online shop.	Once a month	10	80	160
OR					
Submit your tax return using TaxTim or your tax practitioner	Log in to taxtim.com and complete your tax return. If you use a tax practitioner, they must complete a declaration of tax submission form, which you send to multiply@momentum.co.za .	Once a year	40		

Have cover

Max points SINGLE **500** FAMILY **1 000**

Activity	What to do	When	Cover						
				<1 year	1 year	2 years	3 years	4 years	5+ years
Have cover with Momentum	Keep your policies with Momentum and/or Momentum Metropolitan-administered schemes active and automatically get points awarded every year. Note: Only premium-paying policies or policies with a minimum fund value of R50 000 qualify.	Once a year	Risk cover	70	80	90	100	110	120
			Car and home cover	70	80	90	100	110	120
			Health	70	80	90	100	110	120
			Wills	70	80	90	100	110	120
			Retirement	70	80	90	100	110	120
			Savings	70	80	90	100	110	120

Unlock more



Unlock more Active Dayz

240PTS

Be healthier

Be safer

Be on top of your finances

80PTS

80PTS

80PTS

Do your fitness assessment or complete an elite event to unlock the **240 points** available across all categories, for Active Dayz. Or if you prefer, for more elite events and fitness assessments. This means you're not limited to just 80 points a year for Active Dayz/fitness assessments/elite events.



Unlock more Safe Dayz

240PTS

Be healthier

Be safer

Be on top of your finances

80PTS

80PTS

80PTS

Get your car checked at Tiger Wheel & Tyre to unlock the **240 points** available across all categories, for travelling Safe Dayz. This means you're not limited to just 80 Safe Dayz a year.

Note: All Unlock more activities still contribute to the **240 points** you have across all three categories: Be healthier, Be safer and Be on top of your finances. So the activity you do will reduce the **240 points** available.

Example

If you have **80 Active Dayz** and you do your fitness assessment (with fitness **level 3 = 20 points**), you will now have **140 points** left to earn across the three categories. If you then check the safety of your car at Tiger Wheel and Tyre, you'll get **40 points** for that and unlock more Safe Dayz. So you'll have **100 points** left to earn for any combination of the activities across the three categories.